



## Good Neighbour Scheme members get a warm glow from the kindness of crafters

We have been overwhelmed by the kindness of strangers, having received over 150 hand-knitted and crocheted blankets after we launched our winter blanket campaign, encouraging people to create and donate hand-crafted blankets to help keep vulnerable older people warm this winter.

Many isolated older people, whose only company is the TV, are exposed to constant warnings from the media regarding the major increases in energy bills this winter. Consequently, many will become fearful of even switching their heating on at all. This, along with the arctic conditions Sheffield is facing this winter, is a dangerous combination.

SCCCC set out to help older people stay warm, healthy, and comfortable, recognising that older people suffer some of the harsher impacts of the colder weather. This can include an increased risk of respiratory issues which can lead to illness, hospitalisation or even death.

Good Neighbour Scheme team leader, Tammy Wilson said: 'We started the campaign in the midst of the heatwave back in July 2022 and we've been inundated with handmade blankets, hats, scarves and gloves from across the country including Jersey and Leicestershire. Many of our service users are isolated and live alone, by giving these donated blankets as gifts, we know they will not only make them smile but keep them warm too.'

Beatrice Shields (96), a service user on the Good Neighbour friendly visiting scheme, was delighted with her blanket; She said 'How wonderful that a stranger would spend the time to hand make something so beautiful for me.'

The charity advises that it is important to focus on warming up yourself, rather than the house. To take the extra measure of keeping warm, use blankets and extra clothing as the first line of defence against the cold.



## Happy New Year to you all, or is it a happy new year for you all?

Many of our service users are lonely and isolated, and the persistent rain and dark days seem to last forever. Coupled with the constant bombardment from the media of horror stories about the cost of living crisis, this is a recipe for despair and has a detrimental effect on mental health. We currently have over 150 older people on our waiting list for a friendly visitor; someone who can share a cuppa and a chat with on a weekly basis, but, like most charities, we are struggling to recruit volunteers to combat this loneliness. So if you are thinking about volunteering in 2023, please sign up today, we need you, your older generations need you. Email [volunteers@scccc.co.uk](mailto:volunteers@scccc.co.uk)

Mark Storey, CEO

**SCCCC Office: Tel: 0114 250 5290**

**[www.scccc.co.uk](http://www.scccc.co.uk)**



## Focus on volunteering - Becca Morris

### What made you volunteer for SCCC?

I attended an awards dinner where Mark (Chief Executive of SCCC) spoke and I immediately wanted to find out more about the charity. Mark had me in tears when highlighting the number of isolated older people living in our community. The statistic is horrifying! I couldn't wait to get signed up as a volunteer and start visiting an older person.

### How many people have you supported, who are they?

I provided telephone support during the pandemic to a number of older people but Irene is the amazing lady that I visit regularly. I have been visiting Irene for a couple of years now and we have developed a really strong bond - I love my visits with her. We talk about all sorts, we laugh lots, we put the world to rights and I have learnt so much about the history of Sheffield, especially

during the war. Irene is such a wonderful person and I only hope I brighten her day as much as she brightens mine.

### Would you recommend volunteering with SCCC?

No question - 100%. We all live busy lives but I think it's so important to take time out for somebody else. Who doesn't have time to sit down and talk to somebody for an hour? I run my own business and time can be tight but dedicating an hour or two to somebody else not only supports the older person you are visiting (which is the main thing) but can be hugely personally rewarding.



## 100 club charity lottery

For just £12 per year you could be in with winning a monthly cash prize, with 50% of the monthly total going to the charity, 40% to the winner and 10% rolling over for a large December pot. Its win, win for everyone!



Scan the QR code to sign up online today.

If you can spare an hour a week and visit an older person for a cuppa and a chat please email our volunteer recruitment team: [volunteers@scccc.co.uk](mailto:volunteers@scccc.co.uk)

As we look back on 2022 we want to say a huge thank you to everyone who supported our work. Here are a few photos from 2022.



## Charity of the year announcement

We are delighted to have been chosen as Fox Valley's charity of the year for 2023. Over the coming year we will be collaborating with them to raise funds and awareness of our work including a Halloween fire walk, bucket collections and information sharing.



## High class Christmas treat for VIP's in S10

Award-winning Indian restaurant, Lavang, delivered a special treat to service users in the S10 area during the festive period. They

distributed a top-class 'meals on wheels' service of a restaurant standard hot meal between Christmas and the New Year. Huge thanks to the team for their kindness.

IT'S A MUDDY SCCC FUNDRAISER

# BOG COMMANDER

MUD RUN & OBSTACLE CHALLENGE

COME PLAY DIRTY WITH US



WHAT TO EXPECT

- Tons of obstacles
- Death Slide
- Epic mud
- The longest zip wire in the Peak District (260m long)
- A 6KM assault course that's no walk in the park!

11:00 13TH MAY 2023 RUN IT - WALK IT - STORM IT

Scan the code to sign up now



Sign up for your discounted ticket & receive a FREE charity t-shirt

**Pledge to raise a min of £150 in sponsorship to take part**

Find out more: [www.sccc.co.uk](http://www.sccc.co.uk)  
Location: Heathlye House Farm, Hollinsclough, Nr Buxton, SK17 0RD

Ticket **£20**  
(Plus booking fee)

SCCC is a CIO registered in England & Wales: 1168077

## GET INVOLVED...

### Could you offer a helping hand? Volunteer for SCCCC

Each day the Hospital to Home team drive miles around Sheffield delivering equipment and helping to support older people whilst in hospital, on discharge and beyond. We are always looking for volunteers to spend time with the team to assist in the following tasks:

- Collection of personal belongings for patients whilst in hospital.
- Delivery of equipment such as mobility aids, temporary key safes.
- An emergency food shop.
- The moving of furniture to make way for a hospital bed in a patient's home.
- Feeding pets.

You would always be accompanied by a member of staff and the time commitment can be for a full day, morning or afternoon.

If you are interested, then please contact [volunteers@scccc.co.uk](mailto:volunteers@scccc.co.uk) for more information.



# LETTERS

*Dear Good Neighbour Scheme team*

*It's so lovely that someone is so empathetic and caring for my mum. It was so lovely to meet volunteer Joanna at last... I gave her a hug!*

*Julie - Relative of service user*

### What are your thoughts about SCCCC? Share them with us.

Email: [mail@scccc.co.uk](mailto:mail@scccc.co.uk)

Make a donation today to help SCCCC to maintain the level of care that all of our friends and families deserve. Your donation will go a long way to improving the level of care in our communities.

**£5 can pay for** an emergency food parcel to be delivered to an older person's home who has just been discharged from hospital and has no support.

**£10 can help provide** emergency practical support for an older person in need.

**£20 can support a** fully trained friendly visitor to visit an older person at home - helping to reduce isolation and preventing ill health which can result in hospital re-admission.



If you would like to make a donation please complete the following slip and return it to us with your donation to: Unit 19, President Buildings, Savile Street East, Sheffield, S4 7UQ.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

I would like to make a donation of £ \_\_\_\_\_  
to Sheffield Churches Council for Community Care.

Date: \_\_\_\_\_

*giftaid it*

Please Gift Aid this donation and any donations I make in the future or have made in the past four years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax then the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference. Tick to apply

**Please make cheques payable to: SCCCC. Do not send cash.**  
**Or visit our website: [www.scccc.co.uk](http://www.scccc.co.uk) and donate online.**

Charitable Incorporated Organisation registered in England: 1168077