SCCCC News



Offering a helping hand to our Ethnic Minority neighbours



The Inclusive Community Care project builds on our existing Good Neighbour Scheme and is adapted so that it is culturally sensitive and catered towards the needs of older people and volunteers from Black, Asian & Minority Ethnic (BAME) backgrounds. Our aim is to actively engage and build relationships with BAME communities so that BAME volunteers and older people can benefit from much needed support. We can also signpost older people to other services available in their community.

The Good Neighbour Scheme is open to older people and volunteers from all cultural and ethnic backgrounds. However, as part of the Inclusive Community Care project we are especially looking to recruit volunteers and to support older people from BAME backgrounds and those who speak additional languages. We aim to match volunteers and older people according to their needs (e.g. someone who speaks the same language, from the same cultural background or lives locally).

Rehneesa Inez, BAME Community Engagement Officer for the project says

"There are many reasons an older person from a Black, Asian and Minority Ethnic background may require support. This can include language barriers or lack of opportunities to create connections outside of their family network. They may also find that family members are finding it difficult to support their older parents or are no longer able to live in the same households as before. This project will help not only older people but volunteers from BAME communities too."

Do you love to chat? Do you want to support your local community? Can you spare an hour a week to visit an older person? Speak any additional languages? Then join us as a volunteer. Contact Rehneesa@scccc.co.uk for details.

When I wrote this section for our summer newsletter, I had no idea we would still be living with the ongoing situation of a global pandemic as I sat down to write for the autumn edition!

I am incredibly proud of our team and our volunteers for the way they have adapted to the challenges Covid 19 has presented us with. Throughout these difficult past months we have consistently put the needs and safety of our service users at the forefront of everything we do.

Lockdown was difficult for our service users and volunteers as face to face communication and visiting was not permitted under Government guidelines. We're therefore really pleased to say that from August we have been able to recommence our visiting service. All of our volunteers have been provided with their own personal PPE packs thanks to some generous donations.

I'm also pleased to say that despite the lock down we are building on our existing Good Neighbourhood scheme to offer The Inclusive Community Care Project. Thanks to funding from the National Lottery Community Fund.we are now able to increase our services to the underserved BAME communities in Sheffield,



Mark Storey, CEO

VOLUNTEER PROFILE... Azura McIlwraith

Inclusive Community Care volunteer

Why do you volunteer?

Having just moved to a new country can be daunting culturally, figuring out

how to adapt to a new place can mean many things and one of the major points is communication. My social confidence had dropped a little and I was finding ways to build that up. I wanted to make new friends and as the programme is also for the service user to make a friend, what better way than to volunteer for the Good Neighbour Scheme!

Have you enjoyed volunteering?

My experience with SCCCC has been great so far, I have had engaging conversations with my service users. With their many years of experience there's always a story to be shared. Sometimes we trade skills and tips from our hobbies, one service user gave me tips on beginner's knitting, and another had lots of gardening tips to share.

Everyone at SCCCC are very lovely and helpful as well. I truly do feel that I am well taken care of by the team and their approach on the safety and well-being of the volunteers, always making sure volunteers are happy and comfortable in their experience.

Volunteering at SCCCC has definitely helped develop my confidence and helped me settle more comfortably in Sheffield. It gave me a lot more joy to not only be a friend but to have a friend as well.

NEWS

Brothers donate salaries to SCCCC



Callum (17) and Kieran Maxted (19), from Greenhill each donated £200 having seen first-hand the outstanding contribution Sheffield Churches Council for Community Care makes to the lives of older people in the city.

The pair learnt about the work of SCCCC when they started volunteering two years ago. They're now sessional workers for the charity - parachuted in to move furniture and fit equipment to make things easier for older people when they return home following a stay in hospital.

Callum works for SCCCC during the holidays, and when he has any other spare time away from college during the week, and Kieran works with us when he comes home for his university break.

Runner signs up for re-arranged Sheffield half marathon

Christian Hopkins, aged 49, will don the colours of Sheffield Churches Council for Community Care at next year's race, after time as a volunteer meant he saw first-hand the care we give to isolated older people in the city.

Christian, who works as a BT analyst, said: "BT actively encourage its staff to volunteer by giving us three paid volunteer days per year, which is how I heard about SCCCC. I've assisted the Hospital to Home team, moving furniture and other tasks, although I would love to do more.

Run For All postponed the Sheffield Half Marathon and Sheffield 10K which was to be held on Sunday 27 September 2020. The new date for the Half Marathon is now Sunday 28th March 2021. To get a SCCCC charity place email Ericka Hill at **Ericka.hill@scccc.co.uk**.



Christian took part in the Sheffield Half Marathon previously on behalf of his colleague, Sam.



Good Neighbour Scheme restarted after donation of PPE



Valerie was delighted to see Debra

For the first time in 54 years we suspended our Good Neighbour Scheme to protect both our volunteers and service users when lock down began. Although support was offered through telephone calls and hand written letters throughout the Pandemic, face to face visits were greatly missed.

When the announcement came that these visits could restart we put out an appeal for PPE to allow us to create PPE packs for all our volunteers. This meant that following Government advice, from mid-August we were able to restart face-to-face visits again, a welcome relief for our service users who were isolated and lonely for so long.

We now have sufficient PPE for our current and ongoing needs and would like to say a huge thank you to all who donated.



If you shop online you will have heard of Amazon, they sell everything you could ever need. Here at SCCCC we have an Amazon Wish List. This list has low cost items that we need to continue to support

older people upon discharge from hospital. For example; single bedding, new duvets and pillows to dress a hospital bed in someone's home. To donate an item from the list head to: amzn.eu/iMwseeb



GET INVOLVED...

Could you offer a helping hand? Volunteer for SCCCC

Each day the Hospital
Aftercare Team drive miles
around Sheffield delivering
equipment and helping to
support older people whilst
in hospital, on discharge and
beyond. We are always looking
for volunteers to spend time
with the team to assist in the
following tasks:

- Collection of personal belongings for patients whilst in hospital.
- Delivery of equipment such as mobility aids, temporary key safes.
- An emergency food shop.
- The moving of furniture to make way for a hospital bed in a patient's home.
- Feeding pets.

You would always be accompanied by a member of staff and the time commitment can be for a full day, morning or afternoon.

If you are interested, then please contact **volunteers@sccc.co.uk** for more information.



LETTERS

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What are your thoughts about SCCCC? Share them with us. Email: mail@scccc.co.uk

Make a donation today to help SCCCC to maintain the level of care that all of our friends and families deserve. Your donation will go a long way to improving the level of care in our communities.

£5 can pay for an emergency food parcel to be delivered to an older person's home who has just been discharged from hospital and has no support.

£10 can help provide emergency practical support for an older person in need.

£20 can support a fully trained friendly visitor to visit an older person at home - helping to reduce isolation and preventing ill health which can result in hospital re-admission.

If you would like to make a donation please complete the

Please Gift Aid this donation and any donations I make in the future or have made in the past four years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax then the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference. Tick to apply

Please make cheques payable to: SCCCC. Do not send cash. Or visit our website: www.scccc.co.uk and donate online.

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