



HOME FROM HOSPITAL SERVICE

A person-centred 4 week plan to help people regain confidence and to empower them to settle back into their home & community after hospital discharge.

HOW CAN WE HELP?

PRE DISCHARGE

- Create a person-centred discharge plan
- Organise delivery of any equipment or medication prior to discharge
- Carry out home checks to ensure utilities and services are in working order /switched on
- Complete light cleaning duties to ensure main living areas are clean and aired, kitchen is free of pots and food debris
- Check food supplies, disposing of out-of-date food and arranging supplies of food and household items for the first 48 hours post discharge
- Facilitate the installation of any Telecare (or other alarm system) with the service provider
- Bed made with fresh bedding
- Collecting clothes for discharge

POST DISCHARGE

- Organise a welcome home visit at the earliest convenience
- Work through a personalised 4-week plan to help with settling back home, increasing confidence and independence.
- Carry out a Level 1 falls assessment
- Offer support with any GP or Nurse follow up
- Assist with changing embolic stockings
- Help the patient to engage with community activities and services through Social Prescribing including befriending
- Where necessary support with light duties around the home including food prep, shopping, medication/pension collection, housework and laundry
- Guidance on which agency to engage for long term support of the tasks mentioned above
- Providing guidance on health and lifestyle choices, plus general safety around the home
- Familiarising patients with medication and prompting the taking of (NB: we do not administer medication)
- Provide a list of useful emergency numbers for agencies including utility suppliers



PROVIDING OLDER PEOPLE IN DONCASTER WITH A HELPING HAND WHEN THEY NEED IT MOST.

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Sheffield Churches Council for Community Care is a CIO registered in England & Wales: 1168077





ABOUT US

Working in partnership with health professionals, agencies and volunteers across Sheffield and Doncaster.

SCCCC is a charity that has been supporting older, vulnerable people since 1966. We are a trusted organisation that provides both practical and emotional support for eligible patients.

OUR VISION

Where lives are positively transformed, needs are met and loneliness eradicated.

"I can't thank you enough, it's so uplifting in these trying times to know there are people like yourselves giving so much help and care. Thank you"
Pauline - Service User



SCAN TO DONATE



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[@sheffield4c](https://www.instagram.com/sheffield4c)



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