



BACK HOME SCHEME



A person-centred 4-week plan to help older patients regain confidence and to empower them to settle back into their home & community after hospital discharge.

HOW CAN WE SUPPORT?

Cleaning – light housework, arrange deep cleaning, de-cluttering or long-term cleaning solutions.

Laundry – assist with the **laundering** of clothing and bedding, helping to set up future laundry service if needed.

Shopping - accompany service users to **build confidence**. Help to set up online shopping if needed or to locate a support worker for long-term needs.

Food – discuss **meal options** that suit their mobility and dietary requirements, such as ready meals or meals-on-wheels.

Property **risk assessment**- external and internal (including level 1 falls risk)

Bills – help with *paying bills in the short term, assisting to set up direct debits for future payments.

Prescriptions – collection of prescriptions for the short-term. Assist in the registering on a delivery service for medication for future use.

Medication prompting – help to find longer-term solutions such as Nomads or electronic prompting and dispensing machines.

***SCCCC does not offer financial support**

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PROVIDING OLDER PEOPLE IN SHEFFIELD WITH A HELPING HAND WHEN THEY NEED IT MOST.



0114 2505290



www.scccc.co.uk



karen@scccc.co.uk



Sheffield Churches Council for Community Care is a CIO registered in England & Wales: 1168077



Appointments – assist with medical appointments, including escorting (mobility dependent). Finding long-term solutions for appointments in the future.

Help **claim attendance allowance** to pay for any services needed.

Apply for a **blue badge**.

Find tradespeople or contact Housing Officers.

Introduction to local community groups.

Emotional support.

Access specialist groups/services such as bereavement, MS, Carers etc.

Being with the service user for the first visit from a new service provider e.g. cleaner.

Assist with the purchase and/or setting up of **smartphone** or tablet.

Purchase of suitable clothing and footwear for the individual's mobility needs (paid by service user)

Moving of small items and trip hazards around the home to clear walkways and **reduce falls**.

Fire alarm test and fire safety referral.

Link with community policing and other core services if the service user has concerns around **safety**.



ABOUT US

SCCCC is a charity that has been supporting older, vulnerable people since 1966. We are a trusted organisation that provides both practical and emotional support for eligible patients.

Working in partnership with health professionals , agencies and volunteers across Sheffield and Doncaster.



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